

## **Burmese**

### **Coronavirus (COVID-19) Notice**

#### **Covid-19 Karh lonak ding ah kan tuahmi pawl**

AMRC nih biapi bik in kan chiahmi cu kan riantuantu pawl caah risk a tlawnnak ding le, an mah thawng in kan zohkhenhmi kan minung pawl zong himlo in an umnak hnga lo hi a si. Kan caah thinpang bik ah ruahmi hna cu kum upa pawl, mi tlamtling lo le hawinak in a hlei in zohkhenh a haumi nu le hngakchia pawl hi an si.

Coronavirus cu mi pakhat sin in mi dang cung ah i thial in a karhmi a si caah, hmaitonh itonnak hi a si khawh chung in kan hrial khawh tawk hrial kan i zuam. Cuaah, atu in hmailei thawngthan than hlan tiang cu, nanmah holh a thiammi kan riantuantu nih phone deuh in na herhmi bawmhnak cu an in tuahpiak lai, aruang cu hi tihin kan tuah ah cun kan riantuantu le kan zohkhenhmi pawl zong an him deuh lai tiah kan ruah caah a si. Asinain, a biapi tukmi le lakhruak in poipang a um i kan riantuantu pawl caah a him ko ti ah kan ruah ah cun, hmaitonh te in bomh khawh kan in zuam lai, asiloah cun Emergency ah kan in kal tar lai. AMRC Home Care Specialist rian cu khahlan bantuk in kan tuan rih ko lai.

Mibu tel in tuahmi pohpoh, Mirangca cawnnak le tonnak puai pawl hna cu a tu lio ah cun kan ngol rih, asinain tuahawk ah a him cang tiah kan ruahtik ah cun kan tuahthan te ko lai.

**Naracoorte le Bordertwon ummi kan zung pawl cu April 15 in chikhat kan khar chung i phone lawng lawng in nan mah holh a holhmi riantuantu nih an in bomh rih hna lai. Asinain, Mt Gambier MRC zung ah hmaitonh te in bomh va hal khawh thiam thiam a si.**

Adelaide , Salisbury, Mt Gambier le Murray Bridge MRC zung pawl ah cun hmaitonh te in Specialist Service poh poh cu bomhnak pek a si rih ko lai nain, a dang dang Settlemenet/Community Services poh cu phone lawng in bawmh a si lai. Cu phone i nanmah holh tein bomhnak service cu Cacawn nithumni April 15 thawk in Zarhkhat ah ni 5 chung a um lai i zung riantuancaan leng zong ah Emergency helpline a um thiam thaim lai.

Phiasa kongkau ah lakhruak in harnak nan ton ah siseh, nan fale le nan chungkhar kongkau ah siseh, nan chungle mi tlamtling lo pawl kongkau ah siseh bomh nan herh ah cun phone in kan chawn u law timhtuahnak kan rak ngei lai i kan zung nan phak tik ah (social distance) keikhat le cheu hlat in hmaitonh te in kan in bomh hna lai.

AMRC nih nangmah pumpak , na chungkhar le nan mipun hawirual nih a herhmi bomhnak cu pehzul in a tuan lai i kan mah he riantuan hawi pawl nih a tulio nan herhmi tlamtlingnak ding ah zuam kan la lai.

AMRC nih nangmah le na chungkhar siseh, na mipun hawirual him tein nan um khawhnak hna thil kan tuah khawhtawk in kan i zuam lai i a cozah nih a tining tein thawngpang siseh, bomhnak siseh a thabik in pek khawh kan i zuam lai.

Eugenia Tsoulis OAM  
CEO

## Burmese

### Telephone and emergency services contacts

**AMRC zung on caan cu Nikhatni (Monday) in Ningani (Friday) suimilam 9.00am to 4.30pm asi.**

Adelaide MRC: (08) 8217 9500

Salisbury MRC: (08) 8256 5700

Mt. Gambier MRC: (08) 8726 4800

Murray Bridge MRC: (08) 8353 5600

**AMRC residents telephone contacts**

Middle Eastern Communities Council (08) 8212 0451 (Monday - Friday)

African Communities Council (08) 8410 3905 (Tuesday - Thursday)

**AMRC nih holh phuntampi holh khomi ruantuantu tuhna cacawn Nikhatni in Ningani , suimilam 9.00am to 4.30pm a ngeihmi hna cu**

<b>Dari/Hazaragi</b>	Jamila (08) 8217 9529	Dawaud (08) 8217 9519
<b>Farsi/Persian</b>	Atoosa (08) 8217 9507	
<b>Bhutanese/Nepali</b>	Chhali (08) 8217 9531	Tilak (08) 8217 9515
<b>Arabic</b>	Hiba (08) 8217 9502 (Thur and Fri)	Firas (08) 8217 9513
<b>Mandarin</b>	Bao (08) 8535 5600 (Tue - Fri)	Michelle (08) 8256 5700
<b>Filipino</b>	Cynthia (08) 8217 9504	
<b>Burmese/ Chin</b>	Simon (08) 8256 5700	Van Bawi (08) 8217 9512
<b>Dinka</b>	Deng (08) 8217 9503 (Mon and Tue)	
<b>Swahili</b>	Ackim (08) 8217 9505 (Mon and Fri)	
<b>Tamil</b>	Kugan (08) 8217 9524	
<b>Vietnamese</b>	Quyem (08) 8217 9527	
<b>Amharic</b>	Zeleka (08) 8217 9536	
<b>Hindi</b>	Neha (08) 8217 9535 (9am – 2pm)	
<b>Russian/Armenian</b>	Anna (08) 8217 9539 (Mon - Thur)	

**AMRC emergency contacts:**

Status Resolution Support Services (SRSS)	0409 241 378
Aged Care/Home Care	0458 688 012
Humanitarian Settlement Program (HSP)	0458 688 009
Disabilities Services (NDIS)	0458 688 009
Settlement Engagement and Transition Support (SETS)	0427 933 582
Community Support Program (CSP)	0427 939 461
Mt Gambier MRC	0458 688 006

**Other Emergency numbers**

Police Emergency number - 000

Police Assistance (urgent but non-emergency) - 131 444

SA Ambulance - 000

Speech or hearing impairment, call National Relay Service - 33 677

TIS – Translating and Interpreting Service - 131 450

Department of Health's Coronavirus Hotline 1800 020 080 and/or any of the above numbers for assistance.

AMRC nih nangmah pumpak , na chungkhar le nan miphun hawirual nih a herhmi bomhnak cu pehzul in kan tuan lai. Kan mah le riantuanti hawi pawl nih a tulio nan herhmi tlamtling ternak ding ah fakpi in tuan kan i zuam ko lai. AMRC nih nangmah le na chungkhar siseh, na miphun hawirual siseh him tein nan um khawhnak hnga thil kan tuah khawhtawk in kan i zuam lai i a cozah nih a tining tein thawngpang siseh, bomhnak siseh a thabik in pek khawh kan i zuam lai.

Eugenia Tsoulis OAM

CEO

AMRC Telephone and Emergency Services Contacts April 2020